



12-15 JANUARY 2020 | Hilton Hotel, Tel Aviv, Israel
Observe and Participate in a Large Scale Regional Mass Casualties Drill

Introduction

Magen David Adom in Israel (MDA), Israel's National Emergency Medical and Blood Services Organization, has decades of experience in responding to mass casualty incidents (MCI) both in Israel, and around the world. As such, MDA views it as its duty to share the wealth of knowledge that comes with years of experience with communities around the world.

The seminar has been developed to empower communities around the world and provide their members with the tools for resilience in the moments following an MCI, and assist emergency responders upon their arrival. The seminar, entitled "The First 7 Minutes" has been found to not only boost morale and resilience, but optimize the emergency response to such incidents.

Background

The Israeli Experience

You are attending an event at your local community center and are surrounded by friends. Suddenly, one of the attendees falls down on the floor and does not immediately get back up. You want to help him, but you freeze. Someone else comes and begins CPR, and directs you to call an ambulance. You do, but you wish you could do more, but everything you've learned over the years turns to a blur.

Now, imagine the commotion and feeling if an incident occurred and left many people wounded.

Imagine you are in the middle of a crowded place, and you hear a loud boom followed by screams. You and those around you have no idea what just happened. You rush towards the sound hoping to help. On the way, you encounter people running away. Everything in you says to turn around, but yet, some small part of you keeps running towards the scene. You want to help. You want to save lives. On the way, you remember what you were taught in MDA course years ago, but your memory is fuzzy.

The "First 7 Minutes" concept is uniquely designed and developed by MDA to draw on the Israeli experience and provide communities around the world with the knowledge and desire to help should such an incident occur in their community. The seminar has several aims. Giving the community the knowledge of the Israeli experience in handling such incidents; basic first aid training – Stop the Bleed; empowering the community and hone their abilities to handle complex and mass casualty incidents until the arrival of emergency responders while lastly, employing the 7 guidelines.

7 Guidelines for the First 7 Minutes

Having the knowledge to play a crucial role in saving lives is critical in the first few minutes after an incident, and doing so will help your fellow community members.

Magen David Adom (MDA), Israel's National EMS Organization, has years of experience in treating wounded and managing mass casualty incidents (MCI). Therefore, we feel that it is our obligation to share this knowledge and experiences worldwide.

The "First 7 Minutes" is a unique seminar designed by Magen David Adom to enrich the greater worldwide community's knowledge of MCIs, and contribute to saving lives everywhere. The seminar capitalizes on basic steps which any person can take to save lives. Doing so empowers the community and enables them to save lives when needed.

The "First 7 Minutes" is a seminar offered by MDA's most experienced Paramedics and Instructors based not only on the organization's experience, but on their own personal experience with such incidents. The seminar is comprised of both a theoretical seminar and followed by a drill.

There are 7 guidelines to assist you in the first minutes following an MCI, giving you the knowledge to effectively initiate simple care and save lives.

Safety; calling for help; using your additional resources; prioritize; treat; report; assisting EMS.

These guidelines are not schematic and are meant to be dynamic and constant. Using these guidelines save lives, and enhances the emergency response in such incidents.

In December 2018, a shooting attack was carried out at the Ofra Junction leaving 7 with penetrating wounds. An MDA Paramedic heard the shots, and with his team raced to the scene prior to the first call being placed.

Upon their arrival, they scanned the scene to identify the wounded and found 7 injured. He directed by standers and those with minor injuries to stop the bleeding. He then loaded the 2 most critical into his ambulance, sent a report to the MDA Dispatch Center less than 3 minutes after the incident occurred.

As a direct result of his report, the MDA Dispatch knew exactly where the incident had occurred, what type of response was needed, opened an otherwise closed road for the ambulance to use to transport the patients cut the response time in half, and the Blood Services were immediately able to send the appropriate amount of blood products to the hospital to arrive prior to the patients.

As a result, all of the victims were saved. Upon her arrival at the hospital, the most critical patient received a timely blood transfusion of over 200 blood components and her internal bleeding was stopped in surgery.

Thanks to the Paramedic's quick actions in accordance to the First 7 Minutes Principles, managed the scene and save the lives of the wounded. This is not a complex medical procedure, but something that if used appropriately by bystanders will save countless lives.

SAVING TIME SAVES LIVES



Seminar Schedule

Departure from Hilton hotel at 8:30.

09:30	Arrival and Sign-in
9:45-10:30	About MDA and the Israeli Experience
10:30-12:00	7 Guidelines for 7 Minutes
12:00-12:30	Practice Session
12:30-12:45	Drawing Conclusions
12:45-13:00	Drill 1
13:00-13:15	Drawing Conclusions
13:15-13:30	Drill 2
13:30-13:45	Drawing Conclusions
13:45-14:00	Closing Ceremony

Return to Hilton Hotel.

****Refreshments will be provided.**